

ISSN 2348 - 8034 Impact Factor- 5.070

# GLOBAL JOURNAL OF ENGINEERING SCIENCE AND RESEARCHES SECURED SMART HEALTHCARE MONITORING SYSTEM BASED ON IOT

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## **ABSTRACT**

Technological know-how plays the principal function in healthcare not just for sensory devices but in addition in communication, recording and show gadget. It is rather predominant to observe various scientific parameters and publish operational days. Therefore the modern-day trend in Healthcare verbal exchange system utilizing IOT is customized. Internet serves as a catalyst to the healthcare and plays prominent position in huge variety of healthcare functions. In this mission the ARM7 microcontroller is used as a gateway in contact to the other sensors such as temperature sensor and pulse sensor. The microcontroller collects up the sensor information and sends it to the network by means of Wi-Fi and hence presents real time monitoring of the wellness care parameters for doctors. The information may also be accessed each time with the aid of the surgeon. The controller is also linked with buzzer to alert the caretaker about version in sensor output. But, important obstacle in far flung patient monitoring method is that the information as to be securely transmitted to the destination end and provision is made to permit handiest authorized consumer to access the information. The safety trouble is been addressed by transmitting the information by means of the password blanketed on the way to be encrypted by way of usual AES128 and the customers/medical professional can entry the data by way of logging to the html webpage. On the time of extremity drawback alert message is distributed to the medical professional via GSM module linked to the controller. Accordingly quick provisional treatment can also be without difficulty accomplished by way of this method. This method is efficient with low power consumption capacity, easy setup, excessive efficiency and time to time response.

**Keywords:** Internet of Things, ARM7 microcontroller, GSM module, Temperature sensor, Pulse sensor.

## I. INTRODUCTION

In these days internet has grow to be probably the most principal constituents of our everyday life. It has changed how people are living, work, play and be trained. Internet serves for many reason educations, finance, business, Industries, amusement, Social Networking, browsing, E-Commerce and many others. The next new mega pattern of internet is internet of matters (IOT).

Visualizing a global where a number of objects can sense, keep up a correspondence and share understanding over a confidential internet Protocol (IP) or Public Networks. The interconnected objects collect the info at general intervals, analyze and used to provoke required motion, supplying an smart network for inspecting, planning and decision making. That is the arena of the internet of things (IOT). The IOT is quite often regarded as connecting objects to the internet and utilizing that connection for control of these objects or faraway monitoring. But this definition was referred best to a part of IOT evolution on account that the machine to computer market at present. But exact definition for IOT is making a remarkable, invisible network which may be sensed, controlled and programmed. The products developed centered on IOT include embedded technology which permits them to exchange information, with every other or the web and it is assessed that about eight to 50 billion devices might be related by means of 2020. When you consider that these devices come on-line, they furnish higher life form, create safer and extra engaged communities and revolutionized healthcare. The whole thought of IOT stands on sensors, gateway and wireless network which permit customers to communicate and access the application/understanding.





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Be that as it is going to, amongst all of the areas no place does the IOT offer more distinguished warranty than in the area of wellness cognizance. As a pronouncing goes "wellbeing is wealth" it's certainly central to make utilization of the innovation for better wellness. Thus it is obliged to add to an IOT framework which offers comfy wellbeing consciousness checking. So outlining a savvy medicinal services framework the place patron information is gotten via the sensor and despatched to the cloud via Wi-Fi and enabling just authorized clients to get to the information.

## II. PROBLEM DEFINITION

In contemporary social insurance framework for sufferers who stays in home in the course of put up operational days checking is done both by way of overseer/ scientific caretaker. Ceaseless looking at will not be comprehensive by means of this approach, given that something can exchange in health parameter inside of part of seconds and amid that point if guardian/attendant shouldn't be in the premises factors extra noteworthy harm. So with this innovation created interval the place net administers the sector offers a proposal so as to add to an extra keen wellbeing awareness framework where time to time consistent checking of the patient is comprehensive.

## III. PROPOSED SYSTEM

The principal concept of the designed method is to steady monitoring of the patients over web. The Proposed process architecture for IOT Healthcare is as shown in the figure.3 The mannequin includes ARM7 Microcontroller, Temperature sensor(TMP103), Liquid Crystal show(16x2), GSM MODEM, Piezo electric Buzzer, Max232, GSM Modem, Regulated energy give. On this method ARM 7 Microcontroller collects the data from the sensors and sends the info through GPRS Protocol. The covered data sent may also be accessed anytime through the medical professionals by typing the corresponding distinct IP address in any of the internet Browser at the end person gadget(ex: computer, computer, tablet, cellular telephone).

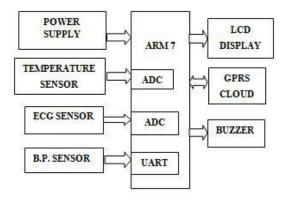


Figure1: Proposed Block diagram of IOT based healthcare system.

The Microcontroller is hooked up to GSM Modem which provides knowledge to medical professional/caretaker when the guts cost is greater than

90 or lower than 60 and when the temperature is less than 20 or bigger than 35. During this time the buzzer activates and alerts the caretaker. Lcd is hooked up to microcontroller to show the transaction process and healthcare information. And the consumer interface html webpage will routinely refresh for each 15 seconds hence sufferer well being reputation is continually sent to the healthcare professional. As a result continuous monitoring of patient knowledge is executed.





[Famiha, 5(7): July 2018] DOI- 10.5281/zenodo.1305966 IV. METHODOLOGY ISSN 2348 - 8034 Impact Factor- 5.070

#### A) ARM7TDMI

ARM means Advanced RISC Machines, it is the title of a category of processors, and the title of a sort science too. The RISC guide set, and related decode mechanism of so much easier than these of problematic guide Set laptop (CISC) designs as shown in Fig.1.

## B) 16X2 Liquid Crystal Display (LCD)

Liquid crystal show may be very major gadget in embedded procedure. Now days it is vitally customary for reveal industry to make use of lcd replacing Cathode Ray Tubes (CRT). Pixels are used for many bendy ones.

#### C) Cloud

In telecommunications, a cloud refers to a public or semi-public area on transmission traces that exists between the end points of a transmission. Knowledge that is transmitted across a WAN enters the network from one end factor making use of a common protocol suite corresponding to frame Relay after which enters the community cloud the place it shares area with other knowledge transmissions. The information emerges from the cloud -- the place it may be encapsulated, translated and transported in myriad ways -- within the identical layout as when it entered the cloud. A group cloud exists when you consider that when competencies are transmitted across a packet-switched group in a packet, no two packets will always agree to the equal bodily route. The unpredictable subject that the understanding enters earlier than it can be received is the cloud.

## D) Temperature Sensor (TMP103)

A thermistor is a type of resistor with resistance is fashionable on temperature. Thermistors are usually used as inrush current limiter, temperature sensors (NTC style mostly), self-resetting over reward protectors, and self-regulating heating elements. The TMP103 digital output temperature sensor in four-ball wafer chip-scale bundle (WCSP). The TMP103 handles studying temperature to a resolution of 1°C.

## E) ECG Sensor:

The electrocardiogram (ECG or EKG) relates to diagnostic instrument that's normally used to assess the electrical and muscular services of the center. The electrocardiogram (ECG) has grown to be some of the in general used scientific exams in trendy medicine as shown in Fig.3. Its utility within the prognosis of a myriad of cardiac pathologies starting from myocardial ischemia and infarction to syncope and palpitations has been useful to clinicians for a long time.

## F) MAX232

Max232 is a twin driver/receiver which converts TTL stage to RS232 stage. These receivers commonly as the brink of 1.3v and might take delivery of +/- 30v of deliver. When Max-232 IC receives the TTL degree it converts it in to voltage levels i.E. Logic0 changes to voltages between +three and +15v and logic1 alterations to voltages between -three and - 15v.

#### G) Piezo Electric Buzzer

Buzzer is a digital device used to supply sound. In the assignment the buzzer is used to alert the caretaker for the period of severe condition. This sound suggests that the patient health is in risk.

## **Software Description**

#### Embedded C Programming

The language extension of C Programming is Embedded C, which was once developed to be able to address the long-established problems between C extensions for distinct embedded methods





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V. RESULTS

Results of this paper are as shown in bellow Figs.5 to 7.



Fig.5. GPRS output

Step1: Then configuration settings are whole and procedure comes to online and lcd show changes to "IOT wellness CARE".

Step2: Temperature is calculated and displayed on lcd display show has "TEMPERATURE NO DEG" the place NO shows corresponding price.

Step3: Subsequent step for synchronizing the heart fee and it is presented on liquid crystal display has "SYNC HEARTRATE".

Step4: Then Pulse depend for 15seconds and indicated on lcd show has "PULSE: NO" in first line and complete calculated heart cost in 2nd line "HEARTRATE NO BPM" NO shows measured worth.

The info sent shall be seen on html webpage with unique identification is has shown in photo of Figure 6.

File Name	Cloud Data
20161003130730.txt	SYS,000\$DIA,000\$PUL,000\$TEM,028\$eg1,000\$eg2,329
20161003130812.txt	SYS,150\$DIA,099\$PUL,093\$TEM,027\$eg1,329\$eg2,008
20161003130853.txt	SYS,000\$DIA,000\$PUL,000\$TEM,027\$eg1,329\$eg2,000
20161004110514.txt	SYS,138\$DIA 091\$PUL,079\$TEM,088\$ecg1,000\$ecg2,000

Fig.6. Cloud Service

## VI. CONCLUSION AND FUTURE WORK

With the extensive use of web this work is concentrated to put into effect the web technology to set up a system which would communicate through internet for better health. Internet of matters is anticipated to rule the sector in more than a few fields but more benefit could be in the subject of healthcare. Accordingly present work is finished to design an IOT headquartered smart healthcare procedure using a ARM microcontroller. In this work the MCP6004 founded Pulse oximeter is designed and DS1820B temperature sensor is used to read the temperature and coronary heart rate of the sufferer and the microcontroller picks up the info and ship it via GPRS protocol. The info is also despatched to the lcd for show so sufferer can understand his wellness reputation. In the course of extreme conditions to alert the medical professional warning message is sent to the health care professional's phone mobile by means of GSM modem connected and even as the buzzer turns to alert the caretaker. The medical professionals can view the sent data by logging to the html webpage making use of specified IP and page fresh alternative is given so constantly information reception achieved. As a result steady patient monitoring approach is designed.





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The longer term work of the task could be very fundamental with a purpose to make the design system more evolved. Within the designed procedure the enhancement would be connecting extra sensors to web which measures more than a few other wellbeing parameters and can be worthwhile for patient monitoring i.E. Connecting all of the objects to internet for rapid and handy entry.

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